The Book of Aspirations contains heroic aspirations for those on the journey.

1. May you notice feelings
2. May you notice activity
3. May you notice empathy
4. May you notice intuition
5. May you notice dreams
6. May you notice suffering
7. May you notice happiness
8. May you notice family
9. May you notice love
10. May you notice friendship
11. May you notice rescue
12. May you notice TWI
13. May you notice heroism
14. May you notice your Teachings
15. May you notice your Teacher
16. May you notice your journey
17. May you notice fear
18. May you notice hope
19. May you notice ignorance
20. May you notice fearlessness
21. May you notice confidence
22. May you notice prismatic protection
23. May you notice whirling flames
24. May you notice benefit and harm
25. May you notice gods and anti-gods
26. May you notice myths
27. May you notice ancestry
28. May you notice justice
29. May you notice order
30. May you notice goodness
31. May you notice Truth
32. May you notice cosmic union
33. May you notice cosmic home
34. May you notice cosmic play
35. May you notice cosmic miracles
36. May you notice the elixir of cosmic display
37. May you notice the heroic return
38. May you notice heroic mastery
39. May you notice directly the Wisdom Maverick